

*52 Weeks
of Power*

WEEK 05

Week 05



2 TIMOTHY 1:7

“For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline.”

I passed all the exams, I got the degree — however, day one at my new job, I walked in feeling like I didn’t measure up. It just seemed like I was surrounded by colleagues who were more qualified than I was. There were so many doubts that had come to my mind so I had a choice — do I shrink back or keep moving forward. The easy thing to do would be to take a step back and embrace the lies of inadequacy

But in Paul's second letter to Timothy, we see a wonderful reminder that the Holy Spirit empowers us to live boldly, not from a place of timidity.

Paul, when writing to Timothy, encouraged him to "fan into flame the gift of God" and to remember that God has given him a spirit of power, love, and self-discipline. Timothy was also reminded not to be ashamed of the gospel because through Christ Jesus, God has destroyed death and brought life.

When we read Adam and Eve's story in Genesis, we see that they were created in God's image, confidently walked with Him, and were without any shame or doubt. However, after they sinned, fear, doubt, and shame crept in, and they found themselves hiding from God.

I have some good news for you: we don't have to hide from God or live timidly. From the beginning of time, it has been God's desire to see us live with confidence. Even though sin brought in separation and fear, what Jesus did on the cross restores us to a

place of righteousness and empowers us to step into everything God has for us, regardless of our doubts or challenges.

So, how do live this out daily? It starts with leaning on the Holy Spirit and the intentional choice of saying “no” to fear, so we can step forward in faith. Because of Jesus, we have everything we need to follow God’s call on our lives with confidence, trusting in His power, not our own.

READ:

2 Timothy 1:3-12, Genesis 1:26,
Genesis 2:25, Genesis 3:6-10

REFLECT:

Question 1: Where do you tend to shrink back in fear or timidity? Maybe in your neighborhood, a circle of friends, or even within your family.

Question 2: How does recognizing that we’re created in God’s image and saved by Christ’s work change the way you view yourself and the people around you?

WEEK 05

PRAYER:

Lord, thank You for giving me a spirit of power, love, and self-discipline. Show me the areas where my fear is holding me back from stepping into the purpose You've created for me. Give me the courage to move beyond my doubts and pursue Your will boldly. In Jesus' name, Amen.